

Mucosal NK cells are associated with reduced mucosal reservoir and systemic inflammation during acute HIV-1 infection

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Background

- The mucosa is the primary site of HIV transmission, early viral replication, and establishment of the persistent viral reservoir.
- Mucosal NK cells are among the first innate immune responders and contribute to early antiviral defense through cytotoxicity, cytokine production, and immune surveillance.
- The impact of acute HIV infection (AHI) and early ART on mucosal NK cell subsets and their relationship with the tissue-associated HIV reservoir remains poorly understood.

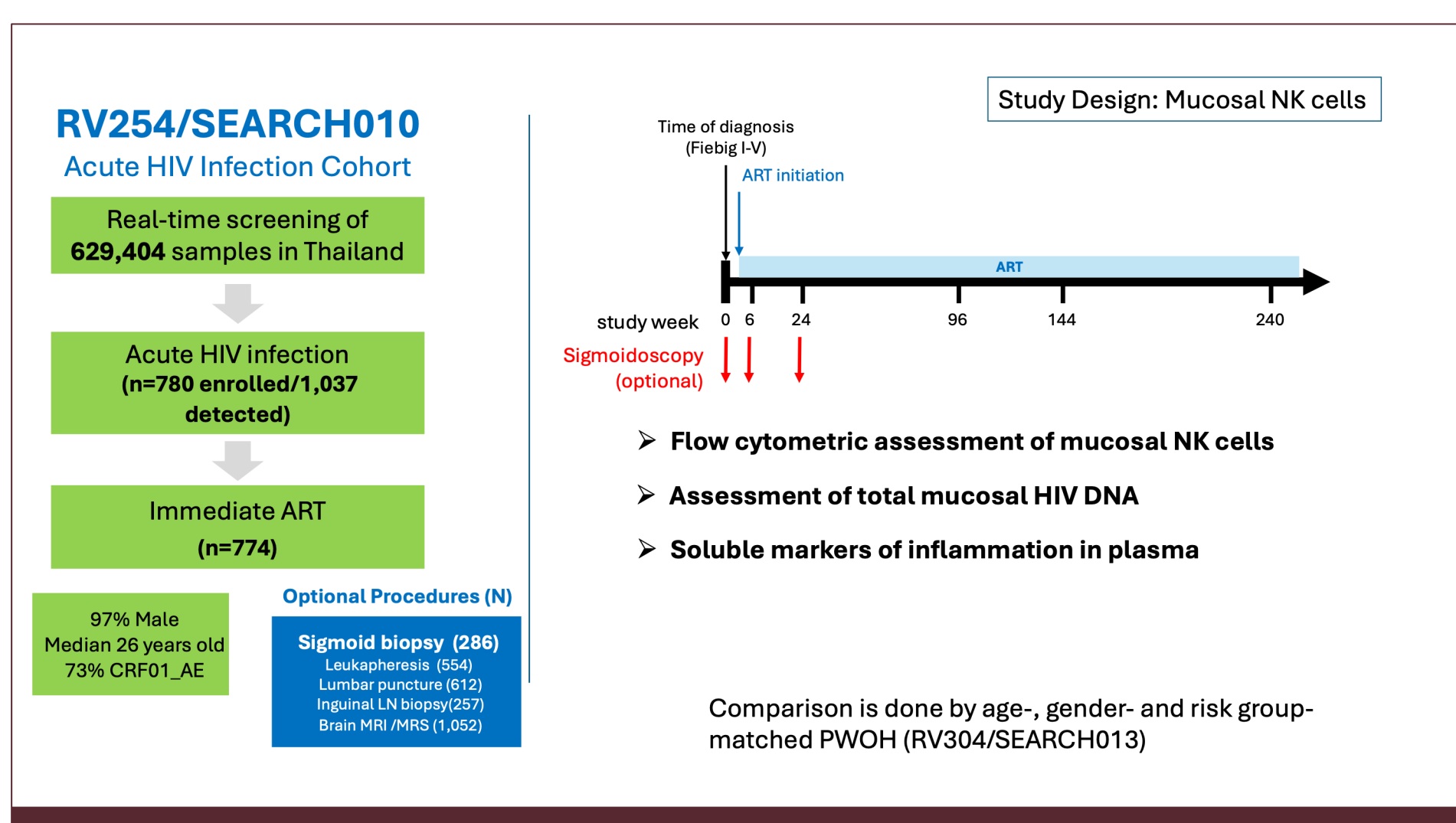
Question

How does acute HIV infection reshape the mucosal NK cell compartment, and what is the impact of early ART?

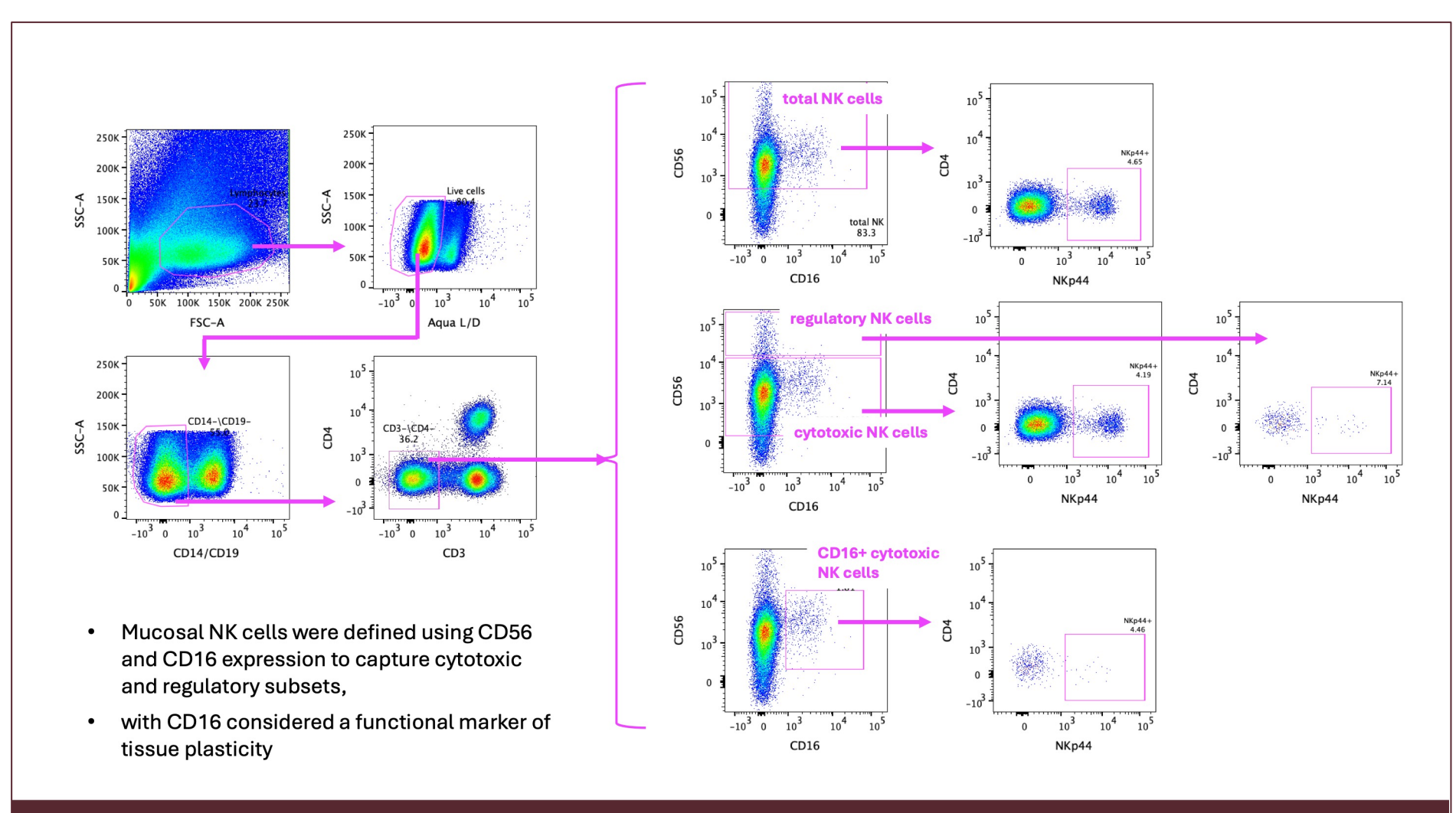
Methods

- 28 people living with HIV (PLWH) diagnosed in early acute HIV infection AHI (Fiebig I: 8 Fiebig II: 6; Fiebig III: 14) underwent sigmoidoscopy at the time of diagnosis, as well as 6 and 24 months after early ART initiation.
- Comparison biopsies were obtained from 9 people living without HIV (PLWoH).
- Mucosal cell subsets were characterized using multiparameter flow cytometry.
- Tissue-associated HIV reservoir was quantified by total HIV DNA, and plasma cytokine levels were measured by ELISA.

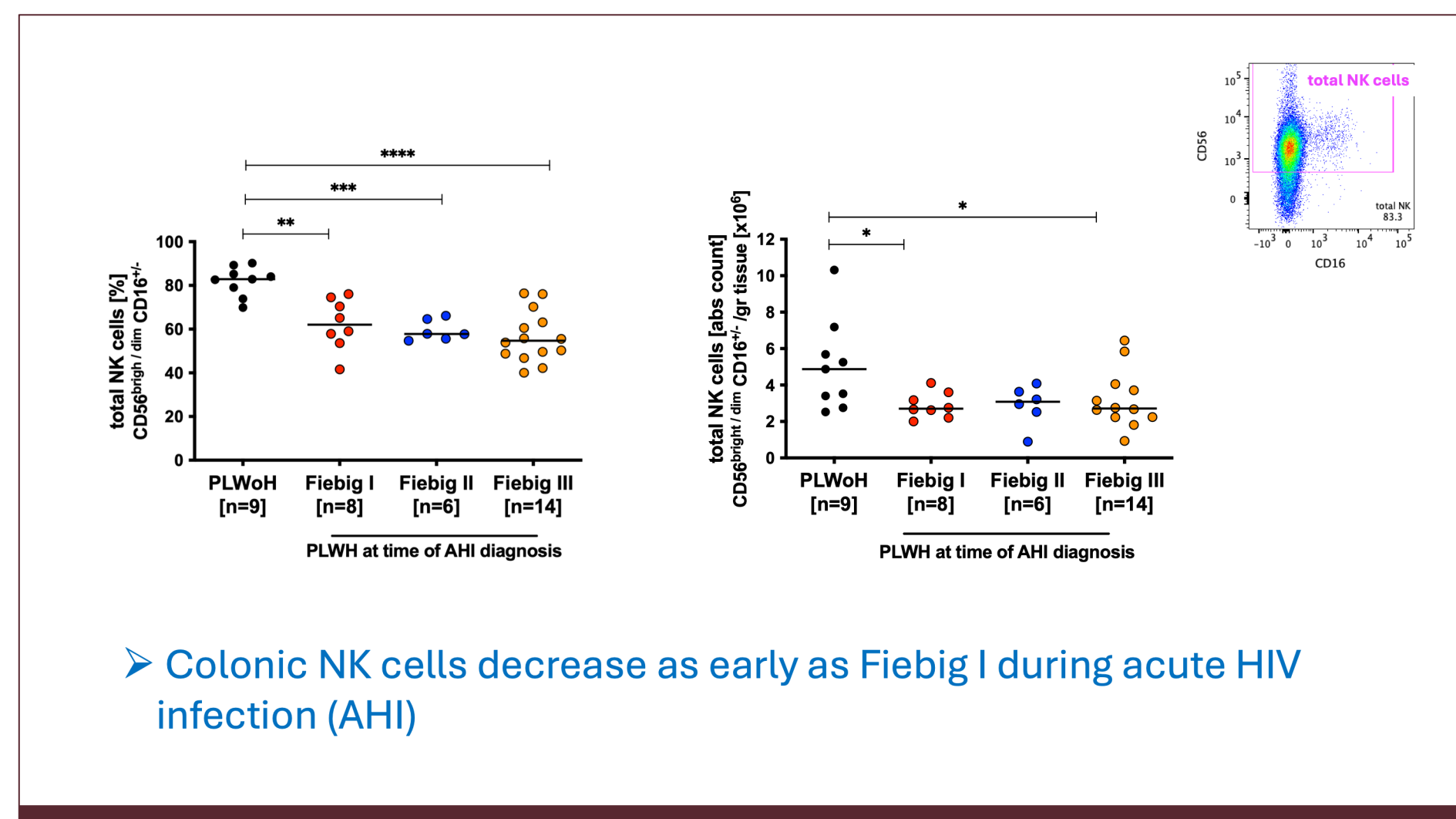
RV254 cohort and study design



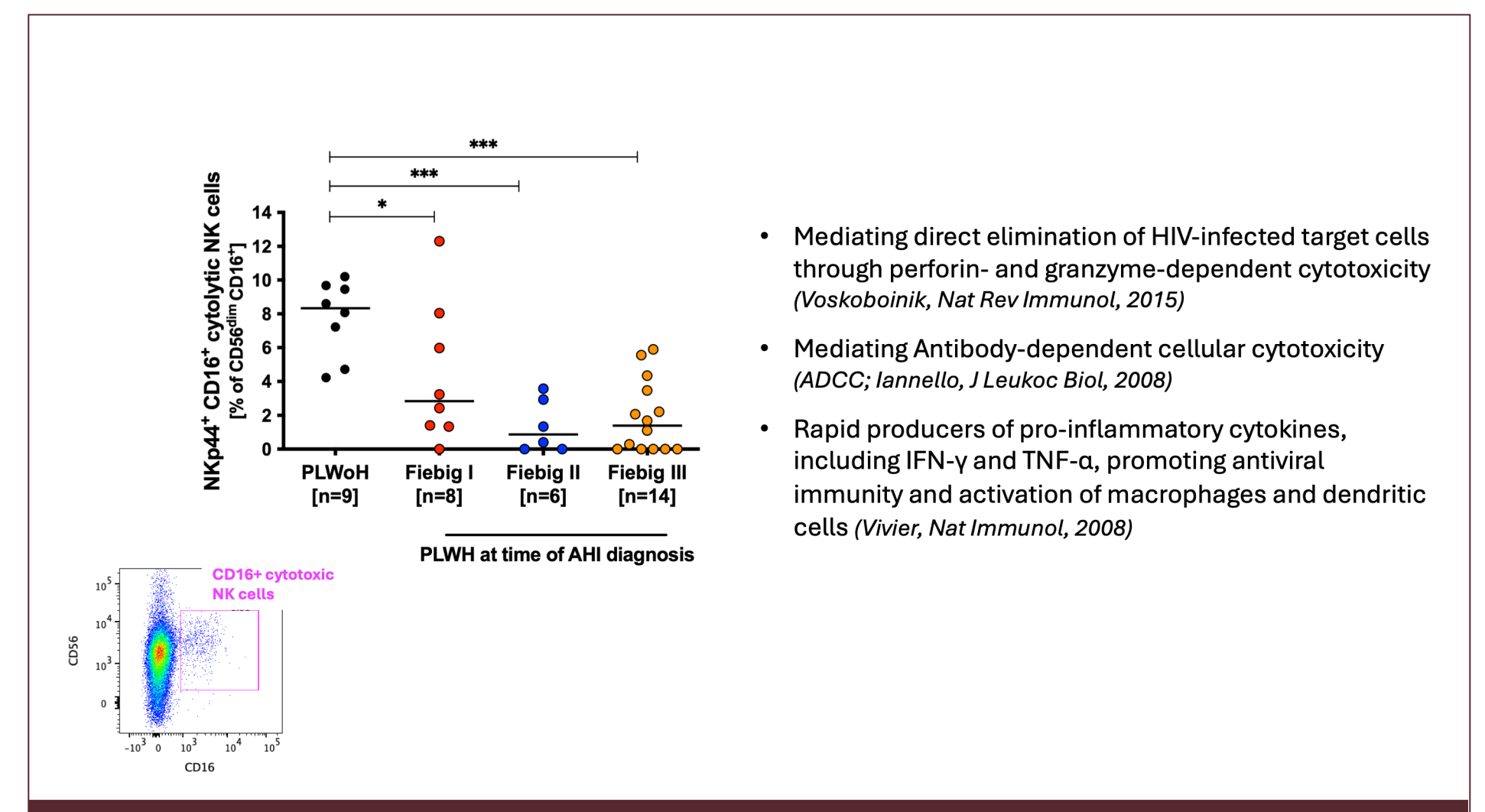
Gating strategy: Mucosal NK cell subsets



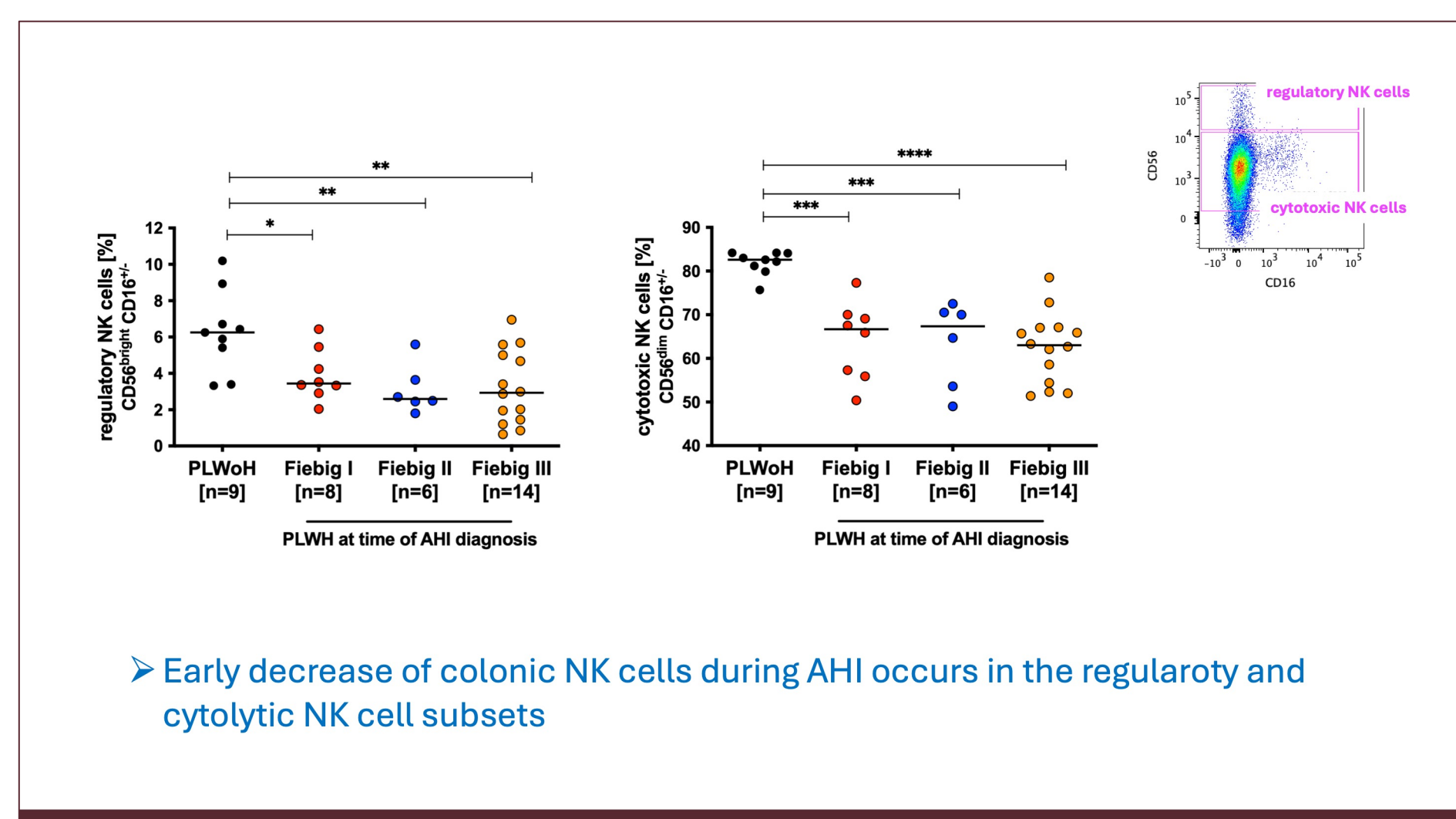
Decreased frequency and absolute count of total colonic NK cells during AHI



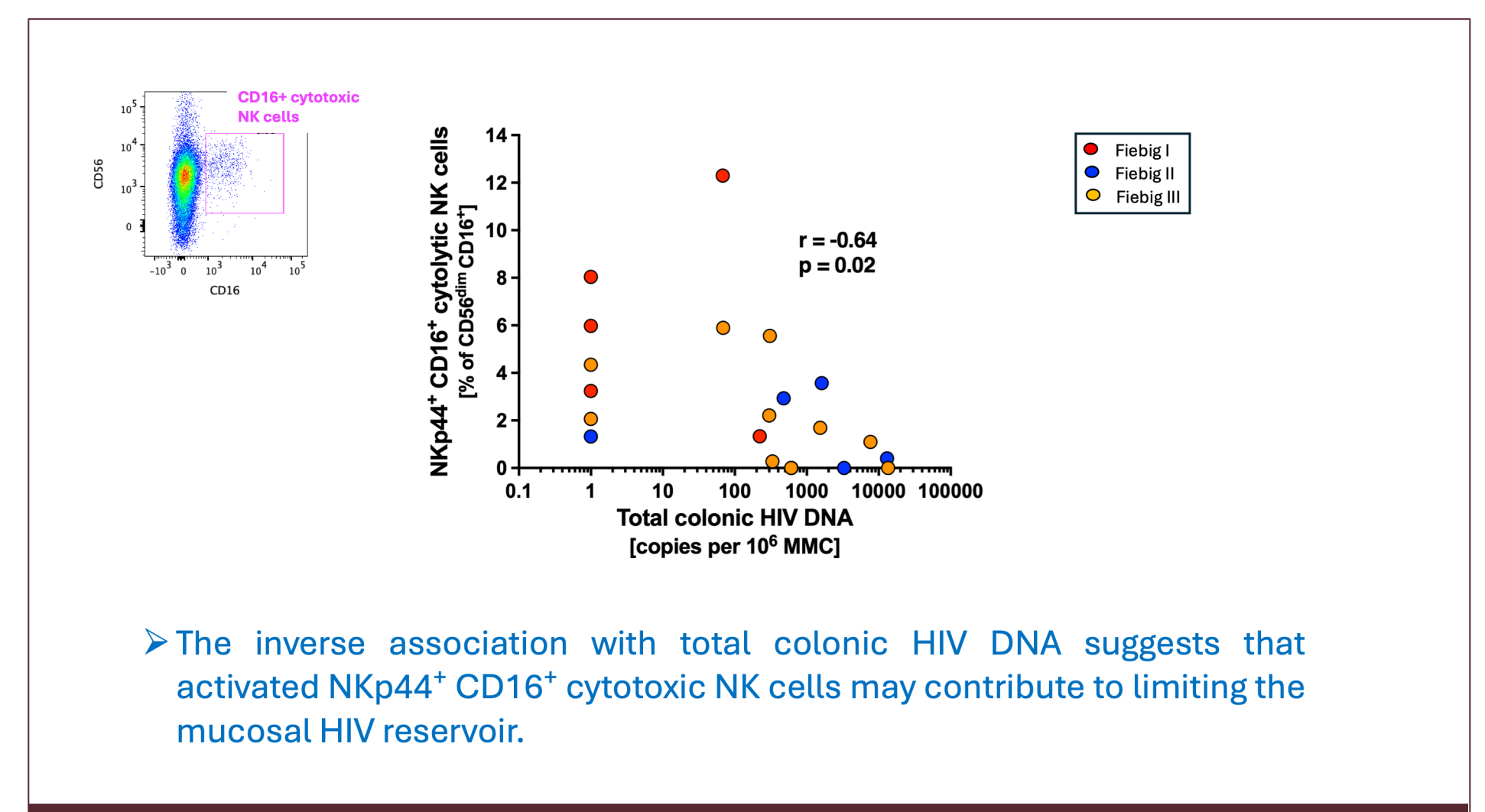
Activated NKp44⁺ CD16⁺ cytotoxic effector NK cells appear to be selectively depleted during Fiebig I



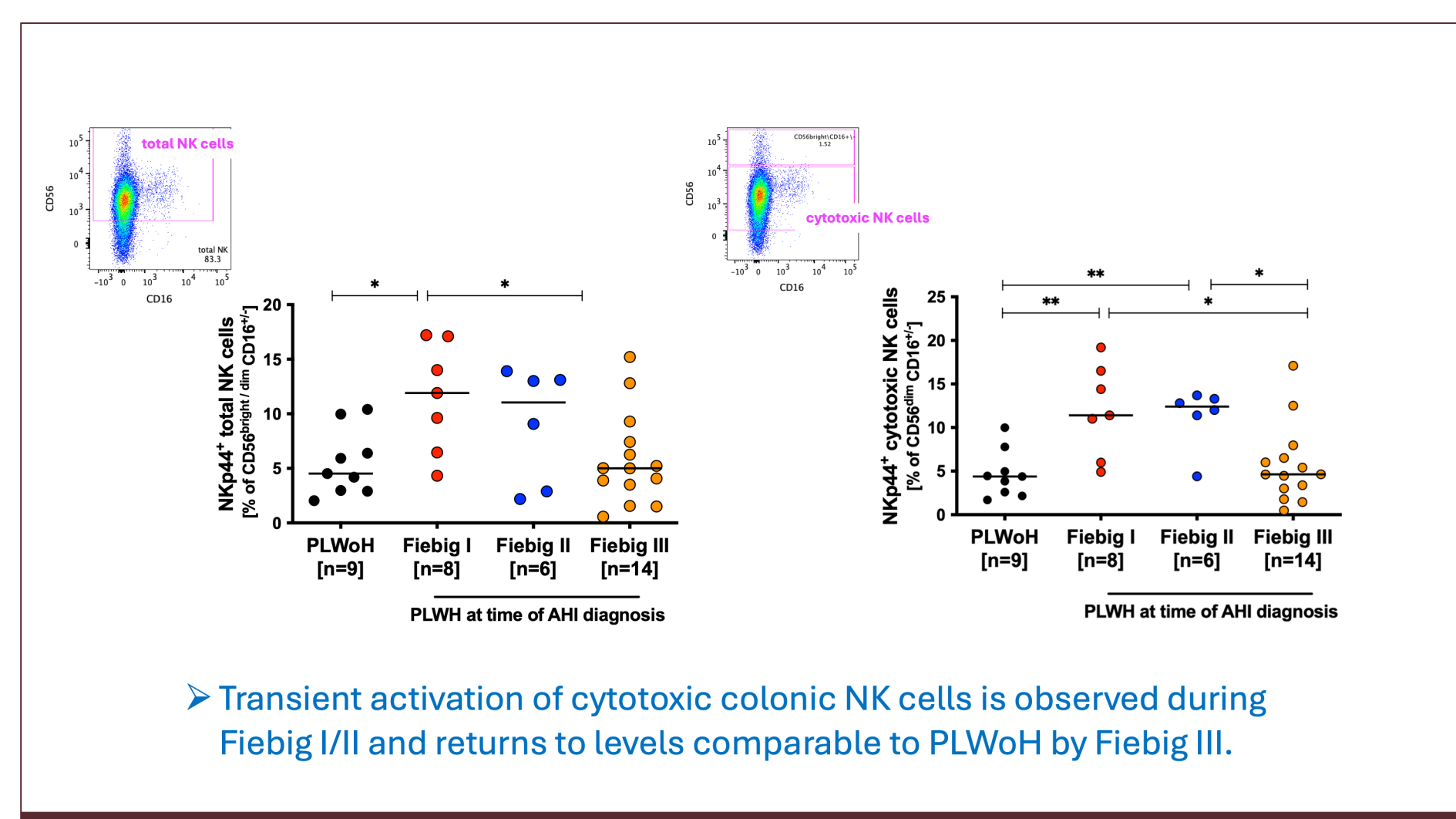
Regulatory and cytotoxic colonic NK cells are decreased as early as Fiebig I during AHI



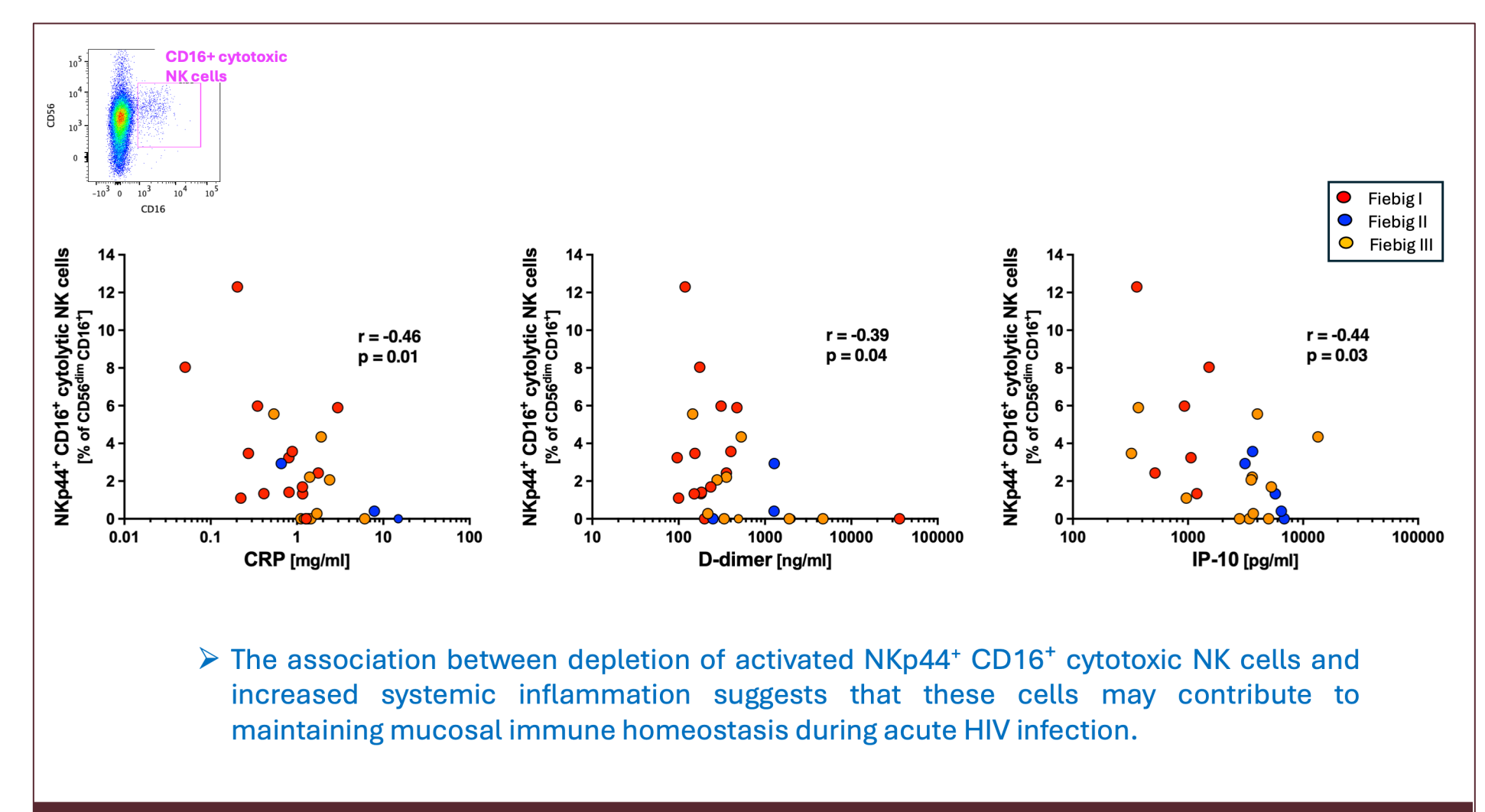
Reduced frequencies of activated NKp44⁺ CD16⁺ cytotoxic effector NK cells are associated with increased total colonic HIV DNA



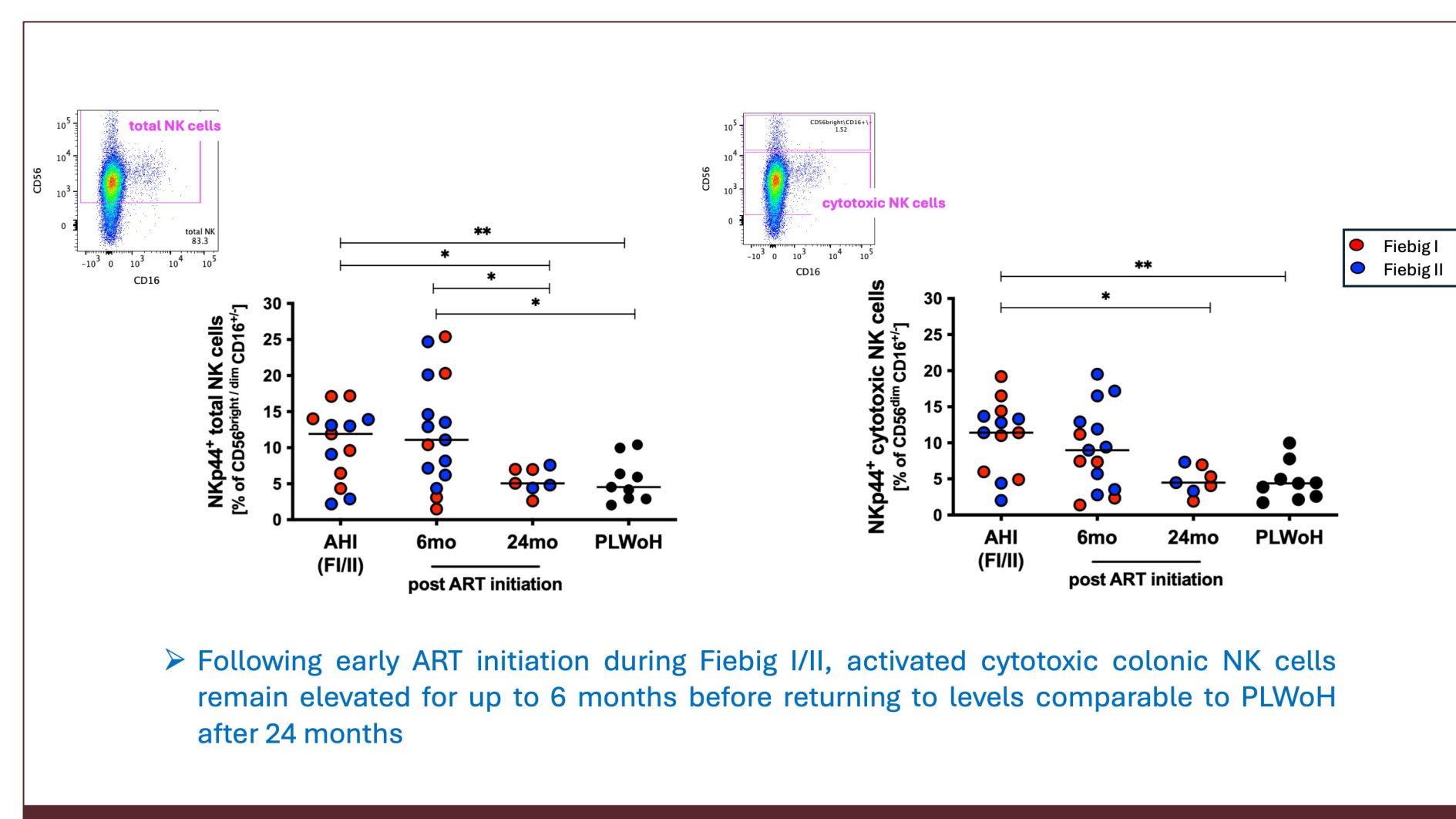
Increase in activated NKp44⁺ NK cells occurs during Fiebig I/II predominantly in the cytotoxic NK cell subset



Decrease in activated NKp44⁺ CD16⁺ cytotoxic effector NK cells is associated with systemic inflammation



Activated NKp44⁺ cytotoxic NK cells remain elevated for up to 6 months following early ART initiation



Summary

- Early acute HIV infection is characterized by profound disruption of the mucosal NK cell compartment
- Activated cytotoxic NK cell responses in the mucosa appear to be transient and normalize following prolonged ART
- Early loss of activated NKp44⁺ CD16⁺ cytotoxic effector NK cells is associated with increased colonic HIV DNA and systemic inflammation

Conclusion

These findings highlight the potential role of mucosal innate immune dysregulation in early HIV persistence and systemic inflammation and provide a rationale for further investigation of mucosal NK cells in HIV prevention and cure strategies.



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